

## IV THERAPY SPECIFICS (Page 1 of 2)

**We offer many types of IV vitamins, minerals and amino acids. Here is a list for your informational purposes (but is not all inclusive of everything these vitamins, minerals and amino acids can do):**

### **Our modified Myers cocktail:**

*What does it do?* Our Myer's cocktail enhances the immune system, reduces fatigue and inflammation, treats migraines and myalgias and autoimmune diseases, alleviates hangovers, promotes healing in cancer and more.

*Conditions it helps with:* Asthma, migraines, fatigue (including Chronic Fatigue Syndrome), Fibromyalgia, hangovers, migraines, acute muscle spasm, upper respiratory tract infections, chronic sinusitis, seasonal allergic rhinitis, cardiovascular disease, and other disorders.

### **Alpha Lipoic Acid:**

*What does it do?* This is a mitochondrial fatty acid that is highly involved in energy metabolism. Also a powerful antioxidant detoxifier and anti-inflammatory.

*Conditions it helps with:* Aging (since it can reverse some of the oxidant damage related effects of the years), Diabetes, weight loss, dementia, liver disease, chronic fatigue, auto-immune disease, heavy metal toxicity, cancer, peripheral neuropathy, Lyme disease.

### **B Complex:**

*What does it do?* Improves mood, energy, metabolic function; helps alleviate depression. Helps with fat loss, stress management, optimizes cardiovascular health, increases brain function, boosts antioxidant protection from free radicals.

*Conditions it helps with:* Depression, anxiety, low energy, low metabolism, stress, heart health, brain fog, hormone imbalance.

### **Calcium:**

*What does it do?* This is an important ion in the metabolic processes.

*Conditions it helps with:* Prevents osteoporosis, good for bones and teeth.

### **Dexpanthenol:**

*What does it do?* This is a critical B vitamin involved in the formation of Coenzyme A, a molecule that helps a large amount of enzymes function in the body and for energy production in general.

*Conditions it helps with:* Energy production and a GI stimulant.

**Glutathione:**

*What does it do?* A tripeptide amino acid that is a potent antioxidant; repairs damaged cells; detoxifies the liver; boosts immune system; assists in the metabolism of toxins, neuroprotective and halts certain diseases.

*Conditions it helps with:* Immune health, detoxification, fatigue, brain fog, athletic performance, general aging; cardiovascular diseases (hypertension, myocardial infarction, cholesterol, peripheral vascular disease), Diabetes, lung disease (COPD, cystic fibrosis), Parkinson's, AIDS, allergies, Chronic Fatigue Syndrome, Fibromyalgia, Autoimmune disease, Chronic inflammation, kidney disease, multiple chemical sensitivities; chronic age related diseases (memory loss, mac degeneration, hearing impairment, glaucoma) and liver disease (NASH). Can repair damaged cells caused by stress, radiation, pollution. Most importantly, it inhibits the activity of enzymes that helps flu virus colonize

**L-Taurine:**

*What does it do?* An amino acid that helps to maintain cellular mineral transport levels. Acts as a lipid/membrane stabilizer in the body and can aid various antioxidant defense systems.

*Conditions it helps with:* It is necessary for brain and heart health; enhances heart pumping action so useful in CHF, master osmolyte and useful in arrhythmias.

**Magnesium:**

*What does it do?* This mineral increases red blood cells.

*Conditions it helps with:* Anemia, fatigue, low energy, weight loss, sleep.

**NAD:**

*What does it do?* NAD sustains neurological, muscular cardiometabolic and mental health.

Enables mitochondria to function, maintains cellular repair and resiliency.

*Conditions it helps with:* Aging, weight (since it increases metabolism), inflammatory conditions, chronic pain, fatigue and brain fog, depression since it is a mood booster and addiction issues.

**Pyridoxine:**

*What does it do?* This B vitamin helps make serotonin, myelin and norepinephrine.

*Conditions it helps with:* Anemia, B6 deficiency, seizures in newborns and side effects from cyclosporine.

**Vitamin C:**

*What does it do?* Potent anti-inflammatory, anti-oxidant, immune booster, anti-viral & some use it to treat cancer.

*Conditions it helps with:* Fatigue, infections both viral and bacterial, chronic illness, wound healing, skin radiance, coronary artery disease, autoimmune disease, fibromyalgia, cancer and acute pancreatitis.

**Zinc:**

*What does it do?* A mineral that is required for the activity of over 100 enzymes and is involved with cellular metabolism. Balances sex hormones and plays a role in immune function, protein synthesis, wound healing, DNA synthesis and cell division. Supports normal growth and development during pregnancy, childhood, and adolescence and is required for proper sense of taste and smell

*Conditions it helps with:* Immunity, male infertility and sex hormone balance in men and women.