

Melasma Kit Includes

1. Melasma Peel: Hydroquinone 8%, Retinoic Acid 0.1%, Kojic Acid 4%, Azelaic Acid 15%,
2. Maintenance Cream (Cos II): Hydroquinone 6%, Kojic Acid 4%, Retinoic Acid 0.05%, Hydrocortisone Cream 0.5%
3. Degreasing solution (Clear face pads): Salicylic Acid 2%, Clindamycin 0.5%, Sulfacetamide 5%
4. Peptide Cream: Hyaluronic acid 1%, DMAE (dimethylaminoethanol) 3%, Argireline 3%

Melasma Peel Process

Step 1: Cleanse Skin.

Step 2: Apply degreasing Solution.

--Top to bottom, all over face

--Do NOT remove

Step 3: Apply Melasma Mask

☐ **For skin type 1-2: 6-8 hours**

☐ **For skin type 3-4: 8-10 hours**

☐ **For skin type 5-6: 10-12 hours**

***These are recommended application times only.**

--Evenly distribute the cream to form a facial mask.

--Apply a thicker layer over the areas of pigmentation and gradually thin out over the rest of the face.

--Avoid getting too close to the eyes.

--Apply Vaseline where permanent make up is present.

--The mask should not be too thin or too thick (it is recommended to use at least ¾ of the tube. Save ¼ for spot treatment later).

Step 4: Remove mask.

--After the action time has elapsed, remove the mask with a neutral cleanser and water.

--Immediately apply Peptide Cream over the entire area.

325 E. George Hopper Rd • Suite 101 • Burlington, WA 98233 • 360.982.2620

2219 Rimland Dr • Suite 105 • Bellingham, WA 98226 • 360.685.8408

www.RejuvenationMDmedspa.com

MELASMA PEEL INSTRUCTIONS (PAGE 2 OF 2)

Home Care Protocol

The second phase consists of a home care program and begins the 2nd day following the removal of the mask and application of peptide cream. It is imperative you follow the home care protocol as results are dependent on compliance.

Day 2-14:

Apply maintenance cream 3 times a day for best results.

--After cleansing the skin, apply a dime size of maintenance cream to the entire facial area. Allow it to penetrate for 15 minutes.

--Apply a small amount of peptide cream morning and evening.

Weeks 3-10:

Continue applying maintenance cream two times a day followed by peptide cream.

Weeks 11-26:

Continue applying maintenance cream 1 time a day followed by peptide cream.

The regimen may be used at bedtime for 2-3 months.

After stopping the regimen, it may be repeated 5-6 months later.

Notes

The skin may or may not have a slight pink tone.

You may experience light flaking and exfoliation.

There may be slight warmth and tightening of the skin.

If dryness, excessive masking or irritation occur while using this regimen, stop using the product for 2 days and resume on the third day.

To relieve these problems, you can apply the Peptide Cream as needed.