



PRE-TREATMENT INSTRUCTIONS FOR QWO®

Avoid alcoholic drinks at least 24 hours prior to treatment (to help prevent bruising due to the blood thinning effects of alcohol).

Avoid anti-inflammatory and blood thinning medications for 2 weeks prior to treatment. Such medications include aspirin, NSAIDs (Ibuprofen, Naprosyn, Aleve), Vitamin E, Ginkgo Biloba, St. John's Wort, Coumadin/warfarin, Pletal, Aggrenox. It is recommended that you speak to your physician before discontinuing these medications prior to doing so.

Schedule your injection at least 2 weeks prior to any special occasion/event because you will bruise.

POST-TREATMENT INSTRUCTIONS FOR QWO®

You will be sore for the next few hours to days post injection.

There will be significant bruising after each injection session.

The other most common side effects include areas of hardness, itching, redness, discoloration, swelling and warmth in the treatment area(s).

The treatment protocol is 3 treatments, spaced 21 days apart for the full effect. Make a follow up appointment 1 month after the last treatment to review your results.