

SCARLET PRE- AND POST CARE

Pre-Treatment Instructions

- Understand the following contraindications to Scarlet
 - Any patients with a pacemaker, defibrillator, or implanted electrical device, including brain clips and cochlear implants
 - Pregnancy or breastfeeding
 - Weakened immune system or any active, uncontrolled autoimmune disease
 - Poorly controlled endocrine diseases such as diabetes
 - Blood coagulation disorders
 - Acute or chronic cancer or current chemotherapy treatment
 - Accutane (or its generic) within the past 6 months
 - Active wound or infection in the treatment areas including herpes simplex, sunburn, eczema, psoriasis, or dermatitis
 - Tattoos/permanent makeup in treatment area (the ink may have metal in it)
 - Caution with collagen vascular disease; recent (within 1 week) Retin-A, steroid cream, hydroquinone use, NSAIDS, blood thinners; medical conditions that delay healing (uncontrolled diabetes or medicines for autoimmune diseases), keloid producers, exposure to sunless tanner within the past 2 weeks.
 - Caution in patients that have had in the past 4 weeks chemical peels, noninvasive lasers/lights, ablative lasers, Botox, fillers, or PDO threads.
 - For scalp treatment, patients should wait 1-2 weeks after having hair permed or dyed.

Post-Treatment Instructions

- Immediately after treatment, redness, dryness, bruising and/or swelling can occur. Use of a cold compress or ice pack help provide comfort. Apply ice packs 3-5 times a day for 3-5 minutes for 3-5 days.
- Itching, redness, tenderness and/or numbness may be experienced during the healing phase and is completely normal. Oral Benadryl or other anti-histamines may help itching (Benadryl may cause drowsiness). DO NOT scratch or rub the treated area as complications can occur.
- Do not apply any products to your face for at least 6 hours post treatment.
- Do not wash your face the night of treatment. Then you may use a gentle cleanser the next day.
- You may return to your regular skin routine the morning after your treatment.
- Keep skin hydrated with Cicalfate or Aquaphor twice a day.
- Avoid Retin A, glycolic or salicylic acids or hydroquinone for the next week.
- Avoid direct sunlight and alcohol for 1 week.
- Use SPF over 30 for at least the next week.
- Avoid places that may create infection such as gyms, hospitals, day cares and dirty water (lakes, rivers, swimming pools, etc.) for 3 days.
- Do not sleep with your pets or have them lick/touch the treated area for 48 hours.
- Do not apply makeup for 24 hours post treatment. Ensure brushes are clean prior to use.
- Patients with sebaceous skin, acne or tendency for break outs are likely to develop pimples, pustules, or folliculitis within 2-3 days, which ought to subside over time.
- Plan for your next treatment in 4-6 weeks. 5 treatments are recommended to start, spaced monthly then 4 treatments a year for maintenance.