

Z WAVE AFTER CARE

Typically, there is minimal discomfort and recovery time after the Z Wave procedure. Patients can return to their daily routine immediately after the procedure.

Some patients experience temporary redness, muscular pain, or tendon discomfort in the treatment area during and/or following a Z Wave procedure.

Results vary from person to person. Additional treatments may be necessary to achieve your desired outcome.

To optimize results, we require you to complete all your Z Wave sessions within 1 month. It is recommended to come in twice to three times a week for 10 sessions. Failure to do so may result in forfeiture of previously purchased but not performed cycles.

Following the procedure, a gradual improvement in your cellulite should take place. You may start to see changes as early as a few days after the procedure.

Weight gain will prevent you from appreciating your full results. Maintaining a healthy diet and exercise routine after your procedure can help prevent this.

Schedule a one month and three month follow-up (after all your sessions have been completed) to review your clinical results and discuss the option of additional treatments to achieve desired cellulite reduction.