



FACIAL PRE- AND POST CARE

Pre-Treatment Instructions:

Avoid sun exposure and tanning beds to treated areas 2 days prior to treatment. Daily sunscreen with an SPF of at least 30 is always recommended.

Post-Treatment Instructions:

After the treatment, you may apply an ice pack, as there may be mild swelling. Avoid any trauma to the skin for up to 2-5 days.

You can experience redness from 1-3 days after the treatment. Avoid direct sun exposure and tanning beds. Always use sunscreen SPF 30 or higher when going outside.

Avoid any irritants to your skin, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic, salicylic acids, astringents, Polysporin or Vitamin C for 1 day after your treatment.

Avoid strenuous exercise 48 hours post facial treatment.

Avoid picking or scratching the treated skin to achieve your best results. If any crusting, apply antibiotic cream.

Avoid tweezing, waxing, shaving, bleaching or laser services within 5-7 days of the treatment. Do not use any irritants such as Retin-A, Benzoyl Peroxide, or astringents for this time.

Allow dead skin to shed naturally.

Makeup may be used after the treatment. Keep the area moist. Any moisturizer without alpha-hydroxy acids is acceptable.

You may shower directly after the procedure in tepid water. The treated area may be washed gently with a mild soap. Skin should be patted dry and NOT rubbed.

If there is no irritation, resume home care products gradually as directed by your esthetician.