

### **INCISION AND DRAINAGE AFTER CARE**

Patient response can vary after an incision and drainage procedure. Erythema (redness) can be noted within a few minutes after the completion of the procedure. A slight burn sensation in and around the area treated is also normal and expected. These reactions tend to subside within 1-4 hours after the treatment. The treated area must be treated with care. **BE GENTLE!** Do not scratch or pick at your skin.

Until sensitivity has completely subsided, avoid all the following:

- Use of scented lotions or soaps, exfoliant creams (Retin-A, glycolic/salicylic and alpha-hydroxy acids), acne creams or gels, loofa sponges and aggressive scrubbing
- Hot or cold water - wash with tepid water
- Shaving
- Swimming pools and spas with multiple chemicals/chlorine
- Activities that cause excessive perspiration

A cold compress or an ice pack can be used to provide comfort if the treated area is especially warm. This is rarely needed but if so, usually within the first 4 hours after the treatment.

Vitamin E or Aloe Vera applied to the treatment area may provide a soothing effect.

Post treatment discomfort is typically minimal but if the area is very uncomfortable, oral pain relievers, i.e. Extra Strength Tylenol or Advil, may be used.

You can apply an antibiotic ointment twice a day. Watch for redness expanding from the treatment site. Notify RejuvenationMD immediately if this occurs.